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Sonora Island Property: Appealing 1.26 acre property in Owen Bay. Nicely forested, diverse topography. 12 x 16ft cabin with sleeping loft, extensive deck, outhouse and outhouse shower. Shallow dug well on property. Water access recreational development in the Discovery Islands, with Government Dock moorage. Zoning permits residence and a cabin. **\$129,000**



Tahsis Oceanview Property: One of the premier locations and properties in Tahsis with amazing, unparalleled views out and down Tahsis Inlet. The 2.8 acre property has a 2100sqft 4 bedroom home as well as an impressive 2816sqft 5 year old shop. Lots of room for storage, parking, etc. Gated driveway and hard-wired camera surveillance system. **\$649,900**



Tahsis Mountain View Condo: 2 bedroom unit in this west coast Vancouver Island village. Well maintained and cared for, with newer vinyl windows, new stove, attractive laminate. On-site caretaker, common patio area and river-view deck, lots of parking. Great option for full time living or to use as a base for fishing or outdoor recreation. Pets allowed. **\$110,000**



Courtenay Log Home: Modern interior in this 1989sqft, 2 story log home. Main floor is open and bright, with kitchen, living and dining space. Upstairs are three bedrooms plus an open loft. Two large decks, two car garage, nicely treed. Half an acre in a rural residential neighbourhood about 15 minutes from town. Close to the beach and walking trails. **\$929,900**



Surf Inlet, Princess Royal Island: 251.88 acres in four contiguous titles with oceanfront, lakefront and a historic dam, with water licenses and a foreshore lease. The possibilities are diverse and almost limitless! On the shores of Port Belmont at the head of Surf Inlet and lakefront on Cougar Lake. Princess Royal Island is about halfway between Prince Rupert and Bella Bella on the central BC coast. **\$3,500,000**



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INSIDE

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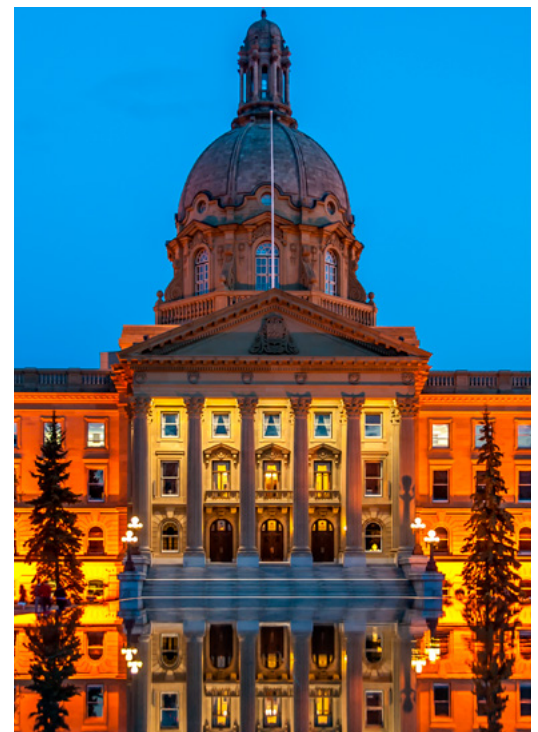


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ON THE COVER

Beautiful downtown Edmonton.
Photo contributed.

The future
is bright!



Douglas McCrea
President, Central Mountain Air

As the aviation industry continues its recovery from the pandemic, the disruption caused has not detracted from our core goal of providing safe and reliable air transportation services to our clients and the communities we serve.

The anticipated increase in travel demand brings with it both challenges and opportunities for the aviation industry. As we look ahead, I truly believe that there are brighter skies in the future, and we are excited to support and participate in the resurgence of the aviation and travel industry. As part of our ongoing commitment to provide safe and reliable air travel, we continue to invest in our fleet of aircraft with top-of-the-line, industry-leading technologies; utilize best-practice sanitation protocols at every touch point throughout your journey with us; and provide a seamless user-friendly experience, from booking to arrival at your destination. We continue to introduce programs that will provide long-term benefits to our clients, employees and other stakeholders.

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We invite you to follow us online through social media on Facebook, Twitter, LinkedIn and Instagram, where you will find announcements, stories and updates. Thank you for your continued trust in Central Mountain Air and we look forward to welcoming you aboard on your next flight.

~ Douglas McCrea


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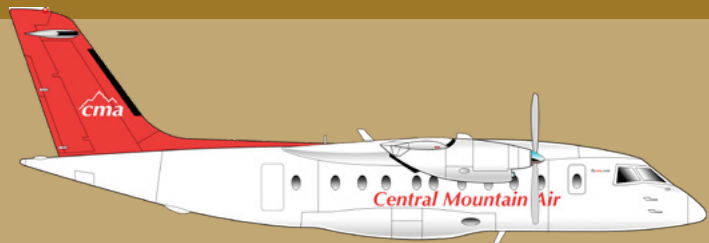
Manufacturer: Beechcraft | Cabin: 18 Hospitality Class Seats
 Flight Crew: 2 Pilots | No Flight Attendant
 Speed: 330 Miles per Hour | Altitude: 25,000 Feet



DORNIER 328

The Dornier 328 airliner is designed to offer passengers the comforts of stand-up headroom, inflight service, executive seating and a bathroom located in the rear of the aircraft.

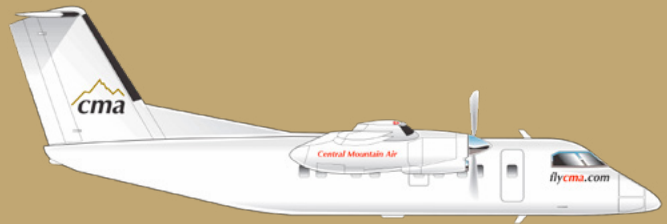
Manufacturer: Fairchild Dornier | Cabin: 30 Hospitality Class Seats
 Flight Crew: 2 Pilots | One Flight Attendant
 Speed: 375 Miles per Hour | Altitude: 31,000 Feet



DASH 8-100

The Dash 8-100 is a very popular regional airliner able to operate from unprepared northern airstrips while offering passengers the highest level of onboard amenities, including stand-up headroom, onboard washroom, galley and a flight attendant.

Manufacturer: De Havilland | Cabin: 37 Hospitality Class Seats
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 Speed: 310 Miles per Hour | Altitude: 25,000 Feet



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AN ALPINE COASTER!

Red Deer's Canyon Ski Resort gets Alberta's first alpine coaster

BY • SUSAN ZIELINSKI, WESTCOASTTRAVELLER.COM / PHOTO, FACEBOOK

Construction is underway on the new Canyon Coaster—the only alpine coaster in Alberta—which will propel thrill-seekers on a track through the canyon forest at speeds of up to 40 km/h, while timid riders can take a more leisurely trip at a slower pace.

“What’s unique about it is it gives you control. You can take it anywhere from zero to 40 km/h,” says David Martel, resort general manager.

Located in Red Deer, between the CMA destinations of Calgary and Edmonton, the coaster’s monorail track is almost 1.4 kilometres long, ranges between 0.3 to 1.3 metres above ground, and takes riders from the top of the canyon down towards Red Deer River.

Martel said the few alpine coasters elsewhere in Canada can be found in British Columbia, Ontario and Quebec. But the coaster in Red Deer County will be the only one that the manufacturer Sunkid has installed in North America where, at the end riders, stay in their toboggan while they are pulled back up the river valley by a T-bar lift.

Sunkid is known for its minimal ground disturbance and for utilizing existing ground conditions so that riders can enjoy the natural surroundings, he adds.

The Canyon Coaster is being built on an old luge run and will be accessed through the Upper Village expansion at the top of the canyon near the Edgar Highspeed Tube Park that operates during the winter months.

The area will include the coaster ticket office, food and beverage area, washrooms, and a parking lot.

The project broke ground in March and the anticipated opening day is June 25 if the weather cooperates during construction.

Martel said the vision for the resort has always been to make it a year-round business. The coaster project has been in the works since 2020 when the focus turned to local activities and attractions after COVID-19 struck.

“The project was delayed a little bit due to the COVID-19 restrictions, but we’re here now, the materials arrived, and the install is well underway. We’re about halfway through the construction.”

Martel says the coaster will show visitors how green and lush the area is when there’s no snow on the ground.

“We get over 50,000 skier visits in the wintertime, and the river valley looks completely different in the summer. We want people to experience the beauty of Canyon year-round.”

Children eight years and older can ride their own coaster toboggan.

Hours of operation are expected to be Wednesday to Sunday, from 11 am to 6 pm throughout the summer, including all statutory holidays.

Come next year, the Canyon Coaster should be running from the May long weekend to Thanksgiving.

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Vancouver's 30th annual fireworks competition will feature teams from Japan, Canada and Spain. The Canadian Press/Jonathan Hayward

Celebration of Light

returns to Vancouver in July

Vancouver visitors will once again be dazzled by a world-renowned fireworks competition this summer.

Honda's Celebration of Light hasn't run since 2019 because of the pandemic, but in July it will return to Vancouver's English Bay to mark its 30th year of lighting up the sky. On the roster are teams from Canada, Japan and Spain. The winner will be announced on August 2.

The competition will kick off on July 23 with Japan's team, Akariya Fireworks. It took home first prize in 2014 and 2017.

"Since ancient time, fireworks have been carrying people's wishes in Japan. We deliver hopes and wishes for peace by fireworks blooming in the night sky," the team says on its website.

Next up will be Canada's team, Midnight Sun Fireworks, on July 27. It's a volunteer group of pyrotechnics from the Yukon passionate about creating unique displays and showing off their soundtrack music. On the final night, July 30, Spain's team Pirotecnia Zaragozana will take the stage. Founded in 1860 in Zaragoza, Spain, the group has a long history of both manufacturing and displaying fireworks. They're well-known in the country as competition winners.

Each night will begin with a performance by the Red Bull Air Show, with an additional formation flyover by the Canadian Snowbirds on July 27. The firework displays will then kick off at 10 pm.

Tickets are available for VIP and family-friendly viewing locations at hondacelebrationoflight.com.

Day-use pass program

continues in three BC parks

The free BC Parks day-use pass program will continue in three popular provincial parks this summer to maintain a balance between the growing numbers of visitors and conserving the natural environment.

Beginning June 17, people accessing Golden Ears Park, Joffre Lakes Park and three trailheads at Garibaldi Park during peak hours will need to obtain a free day-use pass. The passes will be available online and can be reserved at 7 am, two days prior to the planned visit. People will be able to cancel a pass if they don't intend to use it.

"Some of our most popular parks continue to experience more visitors than ever—they're connecting with nature and enjoying the health benefits from outdoor recreation," said George Heyman, Minister of Environment and Climate Change Strategy. "Overuse has become a growing challenge in these three parks. We need to ensure that, above all, we are protecting what makes these parks special through sustainable recreation."

People visiting Golden Ears Park and three trailheads at Garibaldi Park (the Diamond Head, Rubble Creek and Cheakamus access points) require vehicle passes, while each person visiting Joffre Lakes Park requires an individual trail pass. The free passes are required during peak hours and will be checked by Discover Parks ambassadors. BC Parks is partnering with the BC Parks Foundation to provide more than 30 full-time ambassadors to welcome visitors and provide information about safe and responsible recreation.

Find day passes here: bcparks.ca/reserve/day-use/

During the next three years, BC Parks is investing \$21.5 million to expand and enhance opportunities for outdoor recreation, including adding new campsites and trails and upgrading facilities. The investment is part of an \$83-million budget increase to the BC Parks operating and capital budgets to strengthen management of the parks system and provide a more enjoyable visitor experience.

Music by the Sea:

Now in Victoria as well as Bamfield

After too much time away, music lovers will find themselves returning this summer to the annual Music by the Sea Festival (MBTS) for the first time since 2019, now in two locations on British Columbia's spectacular west coast. The shows take place at the Rix Centre for Ocean Discoveries in incredible Bamfield, July 23-30, and, for the first time, at the Victoria International Marina in Victoria's iconic Inner Harbour, August 1-5.

The festival features 14 concerts, spanning musical genres, from classical to jazz, chamber and contemporary, and offers participating artists from around the globe chances for spontaneity, exploration and collaboration. The ears and the hearts of the audience members will be the greatest beneficiaries at these enchanting MBTS events.

Since 2006, professional musicians from around the world have gathered in Bamfield to make music surrounded by boundless nature.

The remote location on the west coast of Vancouver Island attracts a growing number of adventurous music lovers, but "it has always been our goal to bring festival performances to Victoria for a wider audience," says executive artistic director Christopher Donison.

Individual concert tickets start at \$95 and MBTS Festival passes are also available; both can be purchased now at musicbythesea.ca or by phone at 250-728-3887.



Whether you are craving music and dancing, family-fun, delicious food, world-class cars, culturally fuelled experiences or outdoor adventure, Kamloops will soothe your soul and nourish your cravings no matter the time of year.





Music in Riverside Park.

READY, SET, *adventure*

Satisfy your cravings, curiosity and thirst for adventure in Kamloops

STORY / PHOTOS COURTESY TOURISM KAMLOOPS

Welcome to the heart of the BC Interior. Kamloops may not be the biggest or the most glamorous town, but what it may lack in style, it makes up for in authentic people and adventures.

Located a scenic, two-hour drive from the CMA destination of Kelowna, Kamloops is a place where the summers are long, the winters are filled with fresh powder—and spontaneity is the name of the game. Whether you're looking to test the limits of your mountain bike, or to birdie (or bogey) your way across award-winning golf courses, or hike and taste wine north of the 50th parallel, Kamloops has what you crave. But here, it's without the crowded sidewalks, packed trails or traffic. So come as you are, embrace the rush of a wrong turn or two, and let curiosity be your compass.

Music fans rejoice

Summer in Kamloops will be music to the ears, as the Kamloops International Buskers Festival and Music in the Park are set to soothe the soul with a variety of live performances. The third annual Buskers Festival will take place July 21 to 24 in Riverside Park, where visitors can embrace the creative brilliance of professional street performers, hailing from the region, across Canada and around the world.

The festival is perfect for the whole family, offering a variety of acrobats, magicians, jugglers, hula-hoopers, artists, musicians and more. Presented on outdoor stages, everything is free to attend—of course, patrons are encouraged to show their appreciation by throwing some tips in the hats of performers (bring cash – remember that stuff?!).

Also, July and August in Kamloops mean it's Music in the Park time! This free, nightly, family-friendly event returns to Riverside Park for a



Standup paddleboarding, photo by Mary Putnam.



Cycling, photo by Dylan Sherrard.



Kamloops International Buskers Festival, photo by New Parallel Studios.

signature summer classic that has been an integral piece of the local cultural and entertainment scene since 1994. Gather with friends and family to sing and dance (all skill levels encouraged) to live music from around the province. These nightly concerts sure beat scrolling through Netflix—this is a whole different kind of binge.

Embrace your inner carnivore

The Kamloops Daybreak Rotary Ribfest is back August 5 to 7. Western Canada's biggest rib festival, held over three days at Riverside Park, is more than just mouth-watering ribs: it's a joyous occasion filled with live entertainment, vendors, refreshments and, of course, award-winning ribs from champion ribbers.

All activities are free to enjoy, including the Family Fun Zone, which features an assortment of bouncy castles, live family entertainment, face painting, kids games and more. It's finger lick'n good!

Hot Nite in the City

For 26 years, Hot Nite in the City has been a must-see downtown attraction for car enthusiasts (and those who know nothing about cars but appreciate a good polish job).

Every year the event has attracted thousands of locals and visitors who are interested in admiring six city blocks of everything from street rods and custom cars to American muscle cars, collector cars, vintage cars and motorcycles. Of course, this Hot Nite also delivers live music and vendors. Start your engines and join the fun August 5 to 8 in downtown Kamloops.

Where the rivers meet

Kamloops is situated on the traditional lands of the TK'emlúps te Secwépemc within the traditional and unceded territory of the Secwepemc People. The annual Kamloopa Powwow is set to take place July 29 to 31 and it is the largest gathering of Indigenous culture in



Kamloopa Powwow, photo by Mary Putnam.

Western Canada. Celebrating the Secwepemc people and culture, the gathering stands for encouragement, rejuvenation and understanding of Indigenous cultures, and welcomes over 20,000 spectators throughout the weekend at the Kamloopa Powwow Arbour.

Come for the bannock, stay for the cultural experience of a lifetime!

The DIY Kamloops triathlon: biking, hiking, paddling

To be clear—this is not actually a triathlon! But for outdoor enthusiasts, Kamloops has the makings of a do-it-yourself outdoor adventure race—or maybe just a lazy day on the water.

Kamloops' rugged, desert-like valley is home to deep gorges, sandstone canyons, fragrant sagebrush and ponderosa pines, and chiselled hoodoos that frame every photo. So, grab your shoes, bike, paddleboard or kayak, and explore 100-plus lakes, 82 parks and hundreds of trails, all within a 45-minute drive of downtown.

Feel the wind in your hair and sun on your face. Kamloops' terrain was built for two wheels with its rugged landscape, rolling hills and diverse bike trail systems. Riders of all levels can choose from cross-country trails to gnarly downhill sections, with the option to ride year-round. If you like skills testing and shuttling, ride Canada's largest municipal bike park—the Kamloops Bike Ranch.

Or, hit the trails for a hike. From laid-back paths to rugged terrain, there's a route here that's perfect for whatever challenge calls.

Kamloops is also a paddler's paradise. So make a splash at one of the 100-plus lakes within a one-hour drive by hitting the water via kayak, standup paddleboard, or canoe.

Whether you are craving music and dancing, family fun, delicious food, world-class cars, culturally fuelled experiences or outdoor adventure, Kamloops will soothe your soul and nourish your cravings no matter the time of year.

Learn more at tourismkamloops.com.



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Rodeo event at the Williams Lake Stampede.

STAMPEDE ON!

The Williams Lake Stampede is back, bigger and better!

BY • ALTITUDE STAFF

After having to cancel the “world famous” Williams Lake Stampede the last two years, organizers are thrilled to forge ahead with the 2022 event.

And what a way to spend Canada Day it will be! Every year, over the July 1 long weekend, Williams Lake rolls out the welcome mat!

Visitors come from far and wide to enjoy several days of action at the stampede, which is proud to host top international cowboys and competitors from Canada and the United States.

The 2022 Williams Lake Stampede runs Thursday, June 30 to Sunday, July 3. The first three performances will see the best competitors from the Canadian Professional Rodeo Association, the Professional Rodeo Cowboys Association and the Women’s Professional Rodeo Association chasing the prize money in seven major rodeo events (bareback, steer wrestling, saddle bronc, bull riding, tie-down roping, team roping and ladies barrel race).

As well, there will be the minor events—novice saddle bronc and junior steer riding—and new this year is a second ladies event, breakaway roping.

Other highlights include the Bronc Buster Trade Fair, unique “branded”

merchandise and the always-popular Let’r Buck Saloon.

Williams Lake is located in the heart of British Columbia’s interior. It is the centre of a large service and trading area for a population of more than 50,000 people. It is the shopping and business centre for many in the ranching industry whose land and holdings spread in all directions from Williams Lake.

The rodeo is held on the same site as the first annual production back in 1920 (the rodeo took a several-year hiatus during the First and Second World Wars, as well as during the last two years due to the pandemic).

In the early days, the cowboys were mostly local boys and girls who wanted a place to show off their cowboy talents. But today’s rodeo is a big professional show with cowboys coming from all over to compete. The original concept is maintained by a locals-only competition called the Ranch Challenge, where cowboys from area ranches compete against each other for the year’s bragging rights as “the best cowboys.”

TRAVEL WITH CMA:

CMA flies directly to Williams Lake from Vancouver 4 times per week.

Book now at flycma.com



A TOUCH OF *Europe*

Edmonton's hot new tourist spot

BY • AMY ATTAS, WESTCOASTTRAVELLER.COM

When you think of Edmonton, Europe probably isn't the first thing that jumps to mind. There's the Oilers hockey team, the enormous West Edmonton Mall, the Alberta Legislature and an economy founded on resource extraction.

Yes, there are a number of vibrant, walkable neighbourhoods in Alberta's capital city (Whyte and Jasper avenues, to name two), but they're the exception, not the norm. So when local development firm 76 Group purchased a city lot on 107 Avenue NW, people might be forgiven

for expecting them to turn the former big box furniture store into uninspiring gas station-fast food chains. Instead, they built Manchester Square.

"We'll never be able to replicate Europe, but we wanted to emulate Europe," says Giordano Morgulis, vice-president of the family-owned 76 Group, which still has strong ties to a European heritage. "We wanted to add some extra cultural flair to Edmonton. It's all about the atmosphere."

Manchester Square in Edmonton collects a creative selection of local businesses in a walkable hub that feels more than a little like Europe.

So instead of building a simple, rectangular strip mall, they drew up designs for a series of unique brick storefronts, each a different height, different colour and different style. The effect is more than just pleasing to the eye—it encourages community building and inspires creativity, and it has turned a nondescript intersection into a new focal point.

“We did unveil it at the worst possible time, in March 2020,” Morgulis says, of what turned out to be a blessing in disguise.

With a surge of people taking neighbourhood walks at the beginning of the pandemic, locals stumbled across Manchester Square and started taking photos. It became a hot spot for influencers on Instagram and TikTok, and a favourite location for wedding and graduation photos.

“It gave us two years of amazing PR, and now that’s paying off with more local businesses moving in.”

The first tenant to open up shop was Arcadia Brewing Co., which pours local craft beers in a friendly atmosphere. Owner Darren McGeown was inspired by pubs in Northern Ireland, so the European feel of Manchester Square was a fitting venue for his brewery.

Each storefront at Manchester Square includes a mezzanine as well as a ground-floor space, and Arcadia is incorporating a live music stage, second bar and added seating. A few doors down, Morgulis says, a gourmet pretzel shop will use its upstairs space for community baking classes.

“We’re focused on attracting local businesses: the local coffee shop, the local bakery, a place where you can get to know the owner and have a feeling of belonging,” he says.

One way developers have encouraged that sense of belonging is by offering space for others to be creative. Tenants have a large degree of flexibility when it comes to interior design and store signage, so strolling the square is an opportunity for discovery. Local artist Alixandra Jade was commissioned to paint two vibrant murals, and she was free to leave her own mark. Similarly, during construction, the developers encouraged Scorpio Masonry to go off-script and use its own creativity to enhance the unique brick work.

“As developers we know our vision, but it takes the creativity of every person on the team. We didn’t want to handcuff anyone to a specific idea,” Morgulis says.

The result is a burgeoning tourist destination. If travel is about surprise, discovery and culture, the unpredictability of Manchester Square is the perfect place to explore. Like any creative project designed to turn heads, Manchester Square has its skeptics. But Morgulis is choosing to keep his attention on those who are enthusiastic.

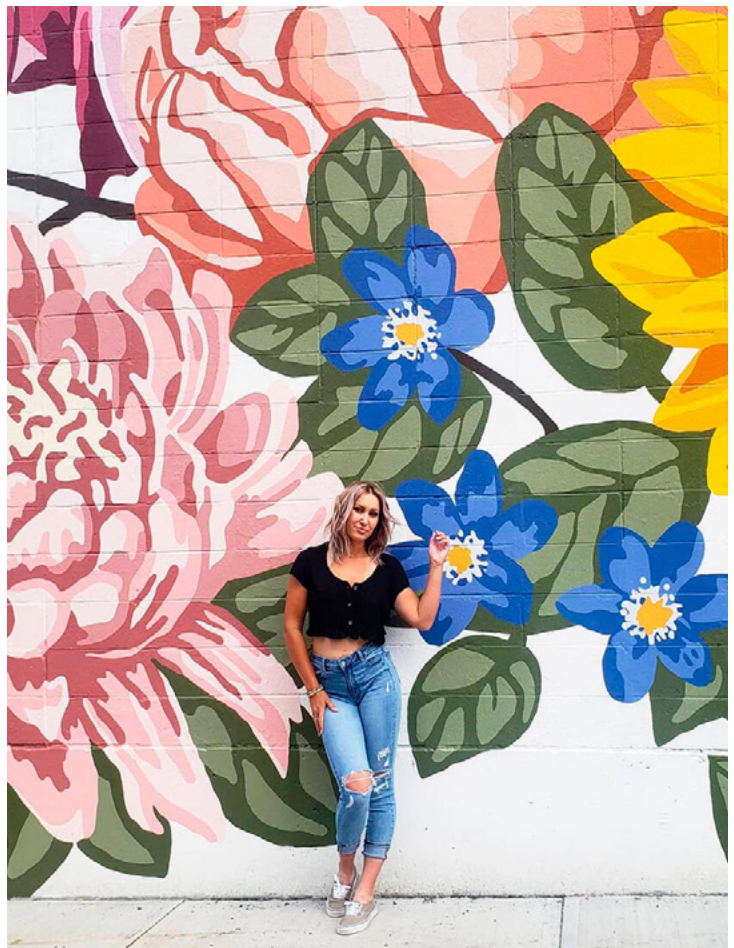
“No project is going to please 100 per cent of people, and that’s okay. We’re focusing on the people who love it, who say it’s a breath of fresh air.”

TRAVEL WITH CMA:

CMA flies directly to Edmonton 5 times per week from Prince George and 3 times per week from High Level. **Book now at flycma.com**



Wander the unique shops and restaurants of Manchester Square, including the one-of-a-kind artisan creations at Majesty and Friends.



Alixandra Jade at the West Wall mural at Manchester Square in Edmonton. Photo courtesy Alixandra Jade

CMA CARGO



At CMA, with a fleet of over 30 aircraft in several configurations, we provide a wide variety of services for passenger and cargo transportation.

We provide belly freight and selected cargo services to the majority of our route network destinations. In addition, we have dedicated cargo aircraft—Beech 1900D converted aircraft—to meet the cargo transportation needs of freight forwarders, shippers and other organizations. With bases in British Columbia and Alberta and multiple aircraft, we are responsive to your needs, and you can trust our team to get your cargo where it needs to go safely and on time—entirely customized to your needs.

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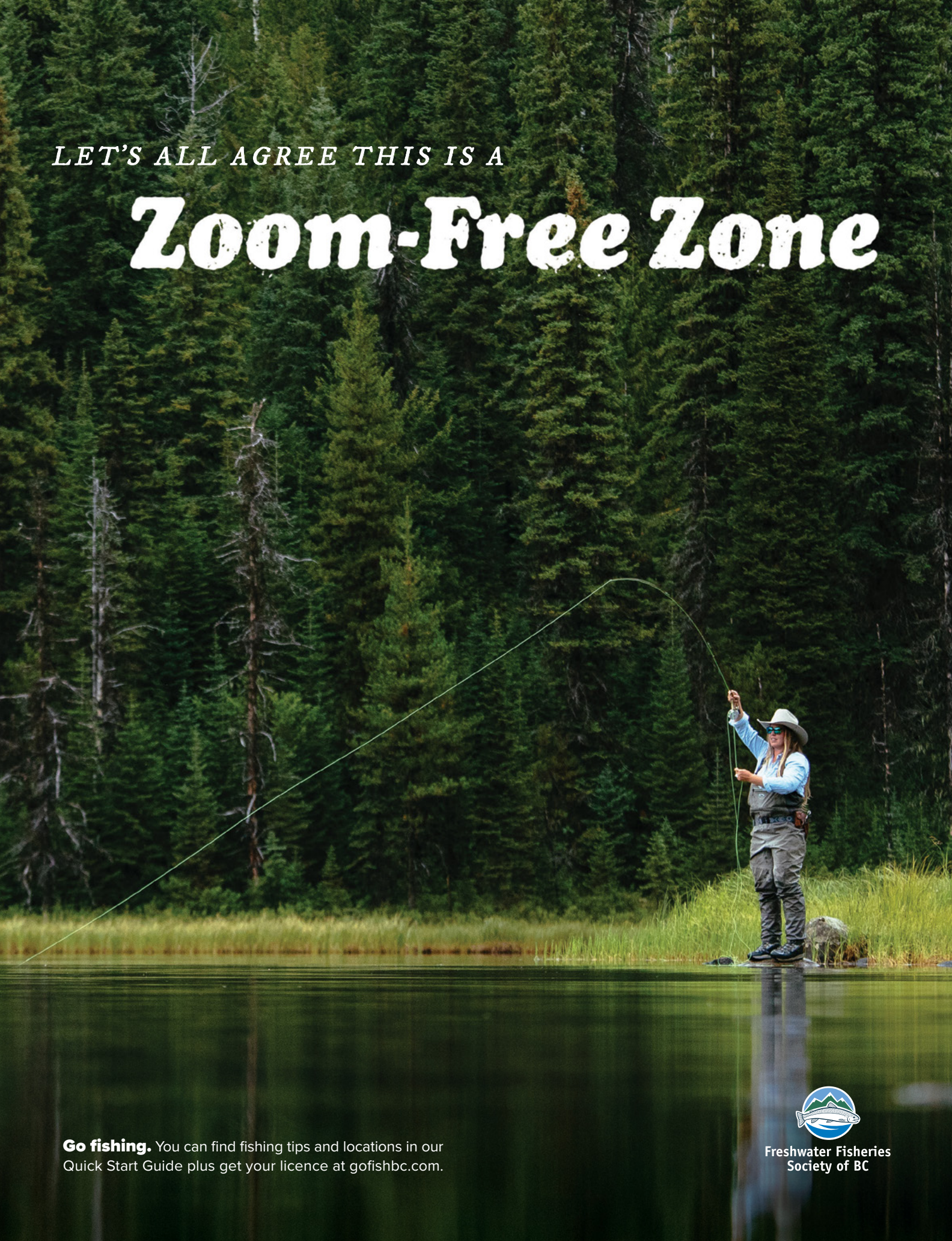
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HOT ON THE TRAIL

BC Touring trails offer a bit of everything

BY • SUSAN LUNDY



BC Bird Trail
Wilson's Warbler, Vancouver Island

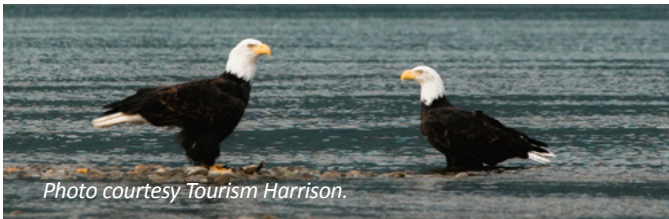


Photo courtesy Tourism Harrison.

Whether you're an avid birder or crave a taste of summer's bounty, these BC touring trails will point you in the right direction:

▲ 1. BC Bird Trail

Birds on the brain?

British Columbia is home to a vast array of North America's best bird-watching opportunities. Whether you're a seasoned birder or just taking off, the BC Bird Trail is your guide to exploring birding, conservation and community in British Columbia.

Checkout the BC Bird Trail website at bcbirdtrail.ca for routes in Central Vancouver Island, the Fraser Valley, South Fraser and—the newest edition—the Columbia Valley.

Situated between the towering Rocky and Purcell mountains in southeast BC, this new bird trail is marked by friendly communities, and surrounded by wetlands that boast a burgeoning avian population. Journeying from Golden and Radium Hot Springs to Kimberley and Cranbrook, visitors will discover some of the best birding in the province, thanks to a landscape of marshland, rivers, lakes and forests that's particularly attractive to avians. Paired with charming towns and plenty of roadside sights, the Columbia Valley Trail is ideal for birders, couples and families seeking a natural sojourn. bcbirdtrail.ca

2. Fraser Valley Circle Farm Tour

Food fans won't want to miss the Fraser Valley Circle Farm Tour, a self-guided jaunt through the diverse agri-tourism experiences found in this fertile area of the province. Visitors can download the Circle Farm Tour road map and spend a leisurely day or an entire weekend cruising to specialty farm-gate vendors, open-air markets, charming eateries and heritage sites—all with ties to the Fraser Valley's agriculture and farming heritage. Don't miss a yoga class with goats, fields of bright purple lavender, or mead-tasting at a honey farm. thefraservalley.ca/circlefarmtour

3. Spice Trail

Surrey's new Spice Trail offers a citywide buffet of ethnic dishes and ingredients, with 40 new restaurants added just in time for spring and summer. An initiative of Discover Surrey, created to celebrate the region's rich array of South Asian and multicultural cuisine, the self-guided Spice Trail spotlights restaurants, cafes and retail stores, showcasing their spiciest specialties. Featured businesses include Kerala Kitchen (Southern Indian), Di Reggae Café (Caribbean), Obanhmi Factory Shop (Vietnamese) and Taste of Africa (African), among others.

There's also a "chaat trail" that identifies the best spots to sample the savoury East Indian snack, which consists of fried dough served with chickpeas, boiled potatoes, yogurt sauce, tamarind and coriander chutneys. discoversurreybc.com/spice-trail

4. BC Farmers' Market Trail



Summer is almost here, and locals and travellers alike can find buzzworthy up-and-coming food businesses, farm-fresh food and artisan goods across every region of the province through the BC Farmers' Market Trail.

This free, comprehensive mobile-friendly website provides access to more than 145 authentic farmers' markets across 10 regions, from Northern BC to the Kootenay Rockies, Vancouver Island, Gulf Islands and beyond. The farmers' market summer season begins in mid-May and runs until early September, with specific opening dates and times varying by location and region. The BC Farmers' Market Trail provides details to find markets by name, region, community, season or other key features—such as dog friendly or wheelchair accessible—making it an essential resource to use all season long. bcfarmersmarket.org.



5. BC Ale Trail

Be sure to check out the BC Ale Trail—a series of self-guided itineraries highlighting local craft brewery destinations throughout the province as well as the incredible natural landscapes that surround them.

Within each Ale Trail—located in all corners of BC—there are recommended itineraries that include an array of craft breweries, pubs, tap-houses, restaurants, cafes, liquor stores, outdoor activities, sightseeing, accommodations and more.

If you love beer, there's lots of flavours brewing in BC. bcaletrail.ca

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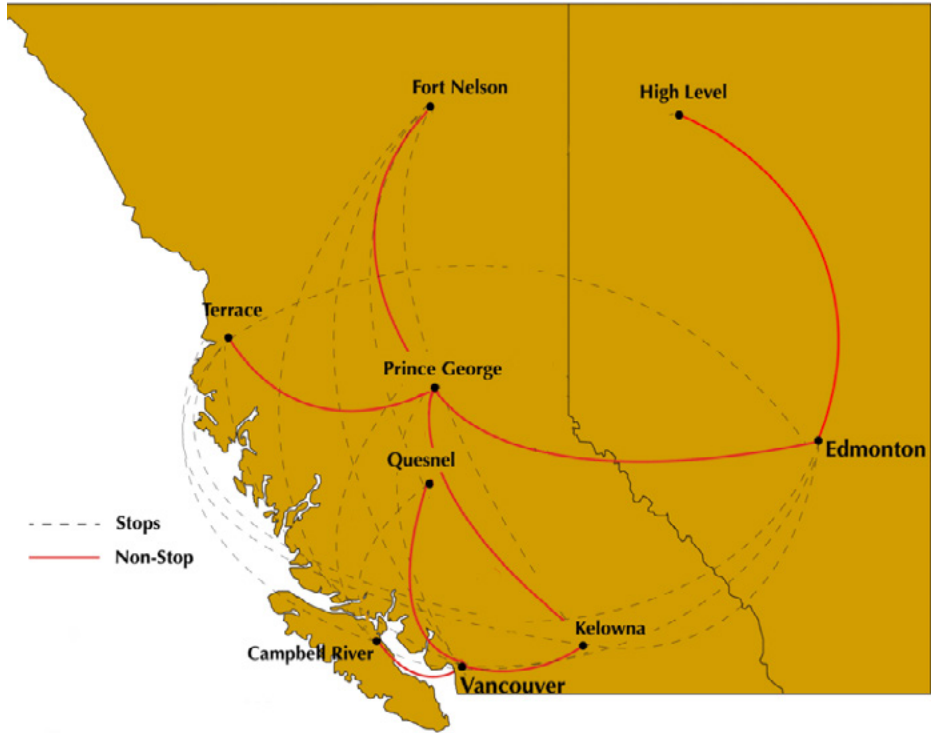
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Job opportunities in all sectors, including the trades, retail and food services, non-profits and the public sector.

Photo: Northern BC Tourism/Andrew Strain

NATURAL OPPORTUNITY

Fort St. John INSIDER

BY • LAUREN KRAMER

PHOTOS COURTESY OF THE CITY OF FORT ST. JOHN

Where does the name of the city come from?

Originally established in 1794 as Rocky Mountain Fort, Fort St. John was used as a trading post for the Beaver and Sikanni First Nations, and as a supply depot to further expeditions into BC. Although no absolute record exists, Fort St. John is thought to have been named when one of the Hudson's Bay Company posts was opened on Saint-Jean-Baptiste Day.

Fort St. John is located on the traditional territory of the Dane-zaa, signatories of Treaty 8, and the Métis Nation BC Region 7 in the heart of the majestic Peace River country.

What is the city best known for?

With a population of 21,000, Fort St. John is situated along the world-famous Alaska Highway, and is the largest city in northeastern BC. It's known as "The Energetic City," a title that reflects Fort St. John's large resource base of oil, natural gas, forestry and agriculture, as well as the vitality of its residents who are, on average, 8.8 years younger than the average population in the rest of the province.

Best family activities?

There are boating and fishing opportunities on rivers and lakes, just minutes from town. Three local golf courses delight golfers during summer months and snowshoers in the winter. There are cross-country ski trails only a few blocks from downtown and more at Charlie Lake. There are also many hiking, mountain biking, snowshoeing and snowmobiling trails in town and at the vast parks just outside of town.

Fort St. John boasts indoor and outdoor ice rinks, a great indoor lap pool and leisure pool; an indoor field house for soccer, rugby, lacrosse and track; a free indoor rubber running track; an indoor speed skating oval (one of only four in North America); and a curling rink.

Annual events include the High on Ice Winter Fest (ice carving, ice slides, sleigh rides, pond hockey and more), Theatre Festival, Canada Day Parade, moto-cross and stock car races and farmers' markets every weekend during the summer months.

Best spot for a fantastic dinner? A hearty breakfast?

North Bar & Grill, Audielicious or Spicy Fusion provide fantastic lunch and dinner options that showcase the diversity of the Fort St. John region. For an excellent breakfast meal featuring local ingredients, visit Whole Wheat & Honey, located downtown at the corner of 100 Street and 100 Avenue.



Best locally owned getaway?

The Pomeroy Hotel & Conference Centre is located just outside downtown Fort St. John and offers over 100 rooms, a convention centre and a pool and hot tub. The hotel is home to the Just Jack's Restaurant and Lounge and the Chances Gaming Centre. Ramada by Wyndham Northern Grand Hotel & Conference Centre offers full-service accommodations with on-site dining, a great downtown location, and a convention centre.

Head to fortstjohn.ca/tourism or give the Fort St. John Visitors' Centre a call at 1-877-785-6037 to learn more about Fort St. John.



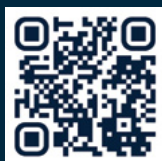
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Quesnel

Quesnel Rodeo

July 15-17

Alex Fraser Park

Come join the rodeo action at the 55th annual Quesnel Rodeo! This highly anticipated event features rough stock, timed events, a wild horse race, wild cow milking and so much more. Tickets can be purchased at Circle S Western Wear, online at Eventbrite or at the gate.

quesnelrodeo.com



Edmonton

Taste of Edmonton

July 21-July 31

Churchill Square

Since 1984, Taste of Edmonton has been offering a delicious sampling of what Edmonton restaurants have to offer. With all of the city's best food and drinks gathered together back at Churchill Square, this festival will be sure to hit your sweet spot. Beer or wine, sweet or savoury, gluten or gluten-free, folk music or jazz: whatever you fancy, you will be able to find it at Taste of Edmonton!

tasteofedm.ca



Calgary

Canadian Country Music Association Awards & Country Music Week

September 8-11

Scotiabank Saddledome

The CCMA is thrilled to return to Calgary for the 2022 CCMA Awards, presented by TD. This highly anticipated festival connects fans with their favourite Canadian country celebrities. The city rocks with country music September 8 to 11 and the awards ceremony on September 11 honours the musicians' achievements.

ccma.org



Prince George

Cariboo Rocks the North

August 5-7

Exhibition Park, CN Centre

After nearly a three-year hiatus, the Cariboo Rocks the North team is excited to welcome back classic rock fans to Exhibition Park this summer. This rockin' lineup includes: Harlequin, Trooper, Nazareth, Helix, Toronto, Headpins, Tom Cochrane, Kick Axe, Sweet, Prism and April Wine.

ticketsnorth.ca/event/cariboo-rocks-the-north-2022



Photo by Andrew Strain.

Fort Nelson

Fort Nelson Street Festival

September 9-10

Heritage Museum

The Fort Nelson Street Festival celebrates local arts, heritage and culture. Come and enjoy a glimpse into Fort Nelson's past and present through the expressions of storytellers, musicians and visual artists in the rich historical setting of the Heritage Museum, located on Alaska Highway. Shop at the artisan market, try some artful activities and grab lunch from food vendors. There is no fee for entry.

fortnelsonstreetfestival.com

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The background of the top half of the page is a scenic landscape photograph. It shows a wide, shallow river with clear, turquoise water flowing through a rocky channel. The banks are lined with a mix of evergreen and deciduous trees, some of which have turned bright orange and yellow, suggesting an autumn setting. The sky is filled with dramatic, colorful clouds in shades of blue, purple, and pink, indicating a sunset or sunrise. In the foreground, there are large, dark grey rocks along the riverbank.

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Live

Williams Lake offers affordable housing in a variety of rural and urban settings, all within minutes of our vibrant and bustling downtown. There you will find shopping, dining and services. Access to a full range of health services, post secondary education and an engaged school district will help make the transition to our welcoming community easy. Our world-class recreation complex has something for everyone, as well as a rich arts and culture community with festivals and activities throughout the year.



Recreate

With the largest mountain bike trail network in BC, the 300-plus kilometres of trails outside your door will keep you busy in our four-season playground. Whether it is golfing, fishing, hiking, indoor or outdoor sports, cross-country or downhill skiing, there is no better place than Williams Lake to recreate. Within city limits, our nature reserve is a bird-watching paradise with annual migrations that attract visitors from around the world.

